



# Developing a Thinking Partnership: Connecting the Head and Heart through Coaching

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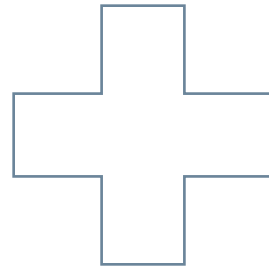


# Independent Thinking is...

...the capacity to think FOR yourself rather than relying on others' guidance or opinions so that you can draw on your own experiences, feelings and creativity



# The Thinking Environment<sup>®</sup>





“The quality of everything we do, as human beings, depends upon the quality of the thinking we do first”

Nancy Kline





# The Ten Components of a Thinking Environment™





# ATTENTION





# EQUALITY





# EASE







# APPRECIATION





# ENCOURAGEMENT





# FEELINGS





# INFORMATION





# DIVERSITY





# INCISIVE QUESTION





# PLACE





# A FRAMEWORK FOR INDEPENDENT THINKING

## A DEMO





# A FRAMEWORK FOR INDEPENDENT THINKING

What did you notice?

What did you learn or re-learn  
for yourself?



Q & A



# ASSUMPTIONS

Almost everything in human life is driven by assumptions. Some are true and liberating, others are untrue and limiting.

Assumptions are both the birth and block of our breakthroughs. We need to discard the limiting and replace with a liberating assumption.



# ASSUMPTIONS

## Limiting / Untrue Assumptions

- I will not perform well enough
- I can't do this without help from others
- It will be too difficult
- If I challenge him, it will reduce the quality of our relationship
- My job is to fix it, find the solution

## Liberating / True Assumptions

- I have the capability I need
- It's OK to ask for help
- I am capable and resourceful
- I am a source of constructive challenge which adds value
- My role is to be a catalyst for them finding their own solution



# FORMING AN INCISIVE QUESTION

- What might you be assuming that is most stopping you from going forward?
- Do you think that assumption is true?
- What is true and liberating instead?

And the Incisive Question:

- If you knew (insert liberating assumption) how would you go forward?



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Thank you for listening . . .



# WANT TO STAY CONNECTED

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Are you Listening or Just Waiting to Speak – Jane  
Adshead-Grant

More time to Think – Nancy Kline

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