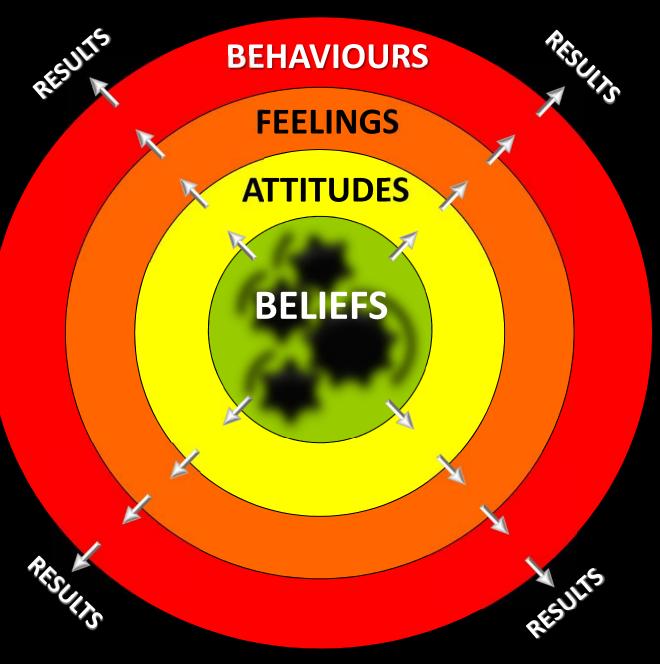


#### mind-action model



#### champions' beliefs

**ACCEPTANCE** 

**OBJECTIVITY** 

**RESPONSIBILITY** 

**RESOURCEFULNESS** 

**PEOPLE** 

**PLAY** 

COMMITMENT



## acceptance

Everything that happens to me, happens for a reason and a purpose, and it is for my benefit

Think of a specific client.

How would this belief empower your coaching clients?

Why is this belief important to you as a coach?

## objectivity

There are no failures in my life, only results

How can we transition a client's focus from failure to results?

Why do we (humans in general) hang on so tight to our so-called failures?

## responsibility

I choose to take ownership of everything that happens to me in life

Why would we suggest to a client to take ownership of something that happened to them, if it was something which they did not cause or want to happen?

How can we, as coaches, demonstrate this belief to our clients?

### resourcefulness

I don't need to know and understand everything in order to effectively use everything

How would this belief benefit a client who is feeling helpless?

How could this belief help you to find more coaching clients?



## My greatest and most important resource is people

When might this belief be a 'bitter pill to swallow' for a client?

What does this belief mean to you as a coach?

# play

To be my best at work, I must choose to have fun and enjoy myself and invite others to be involved in that fun

What are the potentially serious ramifications for our clients if they reject this belief?

How can you play, have fun and enjoy yourself more as a coach?

### commitment

Lasting success is determined by my commitment to my actions and my follow-through

How would you use this belief when coaching someone who feels that they have tried everything?

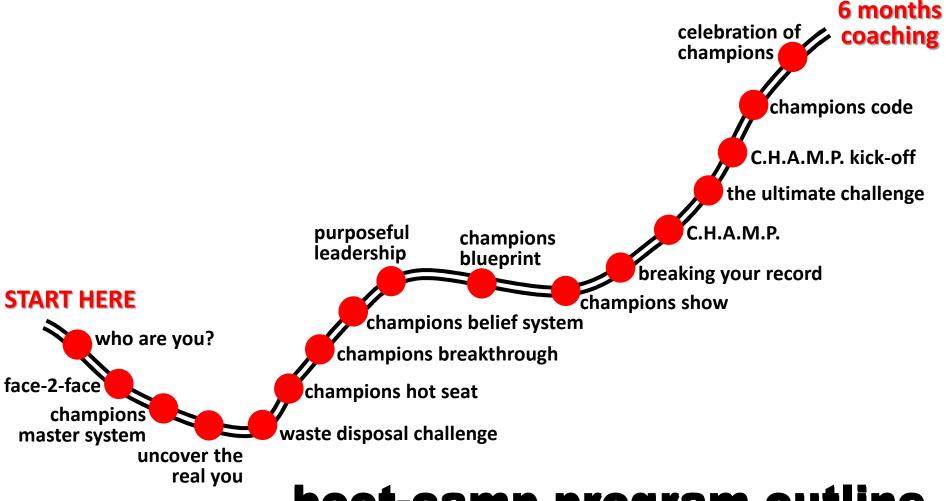
Why is this belief so important to the Malaysian coaching community?





# FROM ORDINARY TO EXTRAORDINARY

### phase 1 3-day/2-night Boot-Camp



#### boot-camp program outline

(NOTE: This is a mental, emotional and attitudinal challenge, NOT a physical challenge)



#### phase 2

#### 6-month Coaching Program

	THEME		TOPICS				
DATE			Attitude			Performance	
			Magic Word		Sta	Start Strong	
May 2013	FOLLOW-THROUGH				Ta	Take The Lead	
0 May 2013	FOC	US	Mine Your Gold Mind			Step Up & Step Out	
	col	JRAGE	The	Leader In You			
3 Jun 2013			Up Your Confidence			Success Habits	
17 Jun 2013		NFIDENCE		ynergy & Energy		Red Hot Relationships	
01 Jul 2013	C	OMMUNICATION				Working Your Mind	
15 Jul 2013	C	CREATIVITY		The Lifelong Student Soul Vitality		Do The Thing	
29 Jul 2013				Eliminating Excusiology		Discipline Matters	
12 Aug 20	13	DISCIPLINE				Magnetic Results	
26 Aug 20	)13	CERTAINTY		VIP		Consistent Persiste	
		PERSISTENCE		Keep Getting Up			
09 Sep 2013		EMOTIONAL		True Success		Feel The Power	
23 Sep 2	2013	DESTINY		Affirming Success		Track Record	
07 Oct	2013	013 OWNERSHIP				ion Balance In A Stor	
21 Oct 2013 PURPOS		PURPOSE		Vision, Mission &	Vision, Mission & Passion		
04 Nov 2013 GREATER H		EIGHTS Your Legacy			Beyond Your Lin		

- Group Coaching (14 x 2-hour sessions)
- 1-on-1 Coaching (1 x 2-hour session)

# coaching program outline



# Working Together We Achieve More

